Principal’s Message

SCHOOL EVENTS

The last weeks have been quite busy with several ‘community’-based activities, with more scheduled in the upcoming fortnight.

I recently had the pleasure of attending the National Young Leaders Day at Allphones Arena with our 4 student leaders. Seated amongst 6,000 other students, we received words of wisdom and encouragement from high profile Australians.

No doubt Paige, Emily, Xavier and Ryan were inspired from the day and gained some insights for their current leadership roles.

Last Friday we held our SRC ‘Emergency Services’ Mufti Day to raise funds for the Royal Lifesaving Helicopter Rescue Service. It was great to see so many students dress up in support of this organisation.

We raised a total of $145.65

I wish to extend a special thankyou to our local fire brigade who attended our school to allow all of our students to have a close view of a fire truck and equipment.

Ethan Farnbach also participated in the World’s Greatest Shave last Friday, after going without a haircut for approximately 12 months. At a special assembly, a pair of clippers reduced his full head of hair to nothing in front of his peers—and on behalf of Windsor Public school community, I commend Ethan for his initiative and support for such a worthwhile cause.

NATIONAL DAY AGAINST VIOLENCE AND BULLYING

This annual day is Australia’s key anti-bullying event for schools and encourages all students to ‘take a stand together’ against bullying and violence in schools, the classroom and beyond.

In the week leading up to this day, all classes will be participating in activities that promote the message “No Way” to bullying. On Friday we will be attempting a whole school photo with staff and students to create an aerial image of “Bullying—No Way”.

HARMONY DAY CELEBRATIONS 21ST MARCH

To celebrate this day of recognizing our cultural diversity, all students are asked to wear orange to school. We will also continue with cultural celebrations throughout the week, with the finale being a whole school cultural concert, performed by each class—parents are most welcome!

Important Information

HEALTH CARE PLANS

If your child has a diagnosed medical condition—eg asthma, anaphylaxis; it is essential that you produce an original coloured health care plan from your prescribed doctor. Under WHS guidelines, this is a mandatory requirement so that school staff can implement specific procedures for identified students. It is also important that office staff are informed of any changes to your child’s condition/medication, so that adjustments can be made.

EXCURSION PAYMENT

During Semester 2 (term 3), school administration systems will undergo a major change. One major change will be in payment options for excursions. For this reason, commencing in Term 2, all excursions MUST be paid for on or by the due date, without exception.

It is wise to adopt this practice commencing next term prior to the actual implementation of the new LMBR system, which will not allow any payments past the due date.

I thank you in advance for your cooperation.
Congratulations to the following students who received STAGE awards.

**KZ**
- Erik Groenewegen - trying hard in reading groups
- Isaac Harriss - being courteous and polite at all times

**1M**
- Sahkai Gabriel - great effort in class
- Laila Arab - being a fantastic role model for her peers

**1-2C**
- Hayden Shamoun - great sentences when writing his thoughts
- Jake Huttunen - remembering spaces between his words

**2-3V**
- Swayzee Kennedy - excellent effort in reading groups
- Preston Woodhouse - great behaviour and fantastic surf skills on our excursion

**3-4S**
- Alice Sheridan - great enthusiasm during Surf Education
- Marcus Mavin - mature, responsible member of 3/4S

**4-5T**
- Bonny Xia - outstanding effort and achievement in all areas and for being a polite and respectful class member
- Zak Oaklands - improved attitude and effort in class

**5-6B**
- Brock Williams - hard, settled worker
- Paige Hottwagner - always doing her absolute best
Congratulations to the following students who received STARR awards.

**KZ**
- Rubie Bowman
- Gemma Deguara
- Madeleine Devine
- Maison Drury
- Isaac Harriss
- Thomas Kelly
- Tayla O’Brien
- Riley Panton
- Alanah Tyan
- Ruby-Eve Milojevic

**1M**
- Hudson Kennedy
- Grace McHenry
- Chis Chen
- Rose Baldwin
- Elizabeth Baldwin
- Charlotte Jones
- Laila Arab
- Penelope Woodhouse
- Cailin McHenry
- Sahkai Gabriel

**1-2C**
- Talaana Gabriel
- Hayley King-Manion
- Grace Vredegoor
- Elise Radunz
- Hannah Shamoun
- Hayden Shamoun
- Ritman Xia
- Ruby Oaklands
- Poppy Spies

**2-3V**
- Charlie Devine
- Mikayla Layt
- Brody Taylor
- Shelby Stanyer
- Daisy Spies
- Jesse Blume
- Anna Pugliese
- Tommey Clark
- Swayzee Kennedy
- Owen Brown

**3-4S**
- Bailey Jones
- Elizabeth Zouait
- Melek Gabriel
- Joshua Wade
- Dominic Shamoun
- Kirrileigh McDonald
- Jackson King
- Ruby Blume
- Stephen Radunz
- Cassidy Grima
- Lily Spies
- Richard Baldwin
- Seth West

**4-5T**
- Gemma King
- Ethan Lewry
- Ryder Mavin
- Bonny Xia
- Jesse Davis
- Preston Kennedy
- Lachlan Kersten
- Zak Oaklands
- Stephanie Pemberton
- Kendra Shuttleworth
- Makaelah Simmons
- Alexander Zouait

**5-6B**
- Johnathon Dorahy
- Ameliaiah Floyd
- Paige Hottwagner
- Mia Robertson
- Emily Shamoun
- Xavier Shuttleworth
- Ryan Snelling
- Lana Stark
- Gemma Whitmore
- Ella Paraha
- McKeeley Whitmore
- Charlotte Collier-Mitchell
- Seth Kent
- Oliver Macdonald
- Taylah Reeves
- Jordan Tolmie
AROUND THE SCHOOL

Windsor Public School

Cleans up Australia!
AROUND THE SCHOOL

SHAVE FOR A CURE!

Leukaemia Foundation
WORLD'S GREATEST SHAVE

ETHAN FARNBACH FROM 5/6B
WPS is super proud of you!
AROUND THE SCHOOL

Emergency Services Day
AROUND THE SCHOOL

Windsor Public School proudly supporting the Westpac Life Saver Rescue Helicopter Service
YEAR 6 FAREWELL
The Year 6 Farewell Committee will be holding an Ice Cream Soda Day on Friday 1st April.
A Pre-order note will be sent out in the next week please return it to the Office by the due date to avoid disappointment.
On behalf of Year 6 we thank you for your support.

SCHOOL PHOTOGRAPHS
School photographs will be taken at school on 18th March, 2016.

YEAR 6 FUNDRAISING
ICE BLOCKS
The year 6 farewell committee will be selling ice blocks every Friday until the end of Term 1. Ice blocks will cost $1 each.

BOOK CLUB
Payment is due by 15th March.

YARN BOMBING 2016
This year I would like to bring some colourful cheer to our school again in the form of yarn bombing. If you love to knit or crochet then we need your skills! I am after knitted or crochet rectangular pieces about the size of an A4 page (20cm x 30cm) or crochet circles of various sizes. I will also accept any odd sized pieces to help fill in gaps. Any colours, textures or yarn sizes are accepted and will help to add interest.
The yarn bombing will take place on the morning of our Mums in School day Term 2 and I may require some help to assemble it. Please hand in any finished pieces to me to hold until the day.

Thank you,
Miss Slawski
WISEBERRY EASTER COLOURING COMPETITION

Last week students at Windsor Public School were invited to participate in a colouring competition, sponsored by Wiseberry, Richmond. These colouring sheets need to be completed and returned to the class teacher by Friday, 18th March. Details of the competition are attached below.

Wiseberry Easter Colouring Competition

The age brackets are 0-6 years old & 7-13 years old.

The prizes include for each age bracket:

1st prize - $250 donated to the school/day-care/pre-school as well as family movie pass to reading cinema & a BIG BASKET of Easter eggs for the winner.

2nd prize - BIG BASKET of Easter eggs

3rd prize - Small basket of Easter eggs.

Return to School by Friday March 18

The winners will be drawn on Wednesday 23rd March 2016 at 12 noon - from this they will be contacted via the email or phone number put on the colouring competition sheet.

**Terms & Conditions:**
Families of Wiseberry employees are not entitled to enter. The judges decision will be final & no correspondence will be entered into. The winners will be contacted on the day via the telephone number or email address on the back of the colouring competition sheet. Entries close at our Richmond office Tuesday 22nd March 2016 at 5pm. The winners will be drawn on Wednesday 23rd March 2016 at 12noon. By entering this competition you agree to our office keeping your personal details on file & we may contact you at a later time by both phone or email, we reserve the right to publish the details and photos of the winners on our website, local paper, Facebook page, Instagram page, Twitter page & monthly E-Newsletter.
"Say cheese"
School Photo Day is 18th March 2016

Have your child’s school memories captured forever
Please take time to read the relevant information on the MSP Photography payment envelopes and remember these helpful points:

All Children can be paid for in one envelope. Please DO NOT seal envelopes inside each other. Each child needs to have their OWN envelope on photo day.

Family/Sibling photo envelopes are available at the school office upon request. Online ordering is available.

Please enclose correct money as no change is given.

Cash & Money Orders are accepted for payment. MSP Photography DOES NOT accept cheques.

Credit Card payments - Will only be accepted for online orders.

All late orders placed with the photographer will incur a minimum $20.00 late fee (per order).

Online Ordering - Logon to www.msp.com.au and click ‘ORDER ONLINE’. Place your order using the online system. Record your Order Reference number on your child’s envelope. Your child must present their own Photo Envelope to their photographer.

Click ‘CHANGE SHOOT’ to place multiple orders in one transaction.

For any enquiries, please feel free to contact us

e sydneywest@msp.com.au
p 02 9831 5505
f 02 9831 5503

www.msp.com.au

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f 02 9831 5503

www.msp.com.au
Report on National Young Leaders Day

Last fortnight I attended The National Young Leaders Day along with Mr Watson and the other leaders. I found the day great and the speakers were very inspiring. They all had different occupations from a TV presenter to Chocolatier. I collected lots of inspiring information from each speaker. My favourite part of this experience was getting to listen to the journeys and their experience through life. Their stories were great to listen to and I found them very inspirational.

Xavier Shuttleworth

On 29th February, Mr Watson took Paige, Ryan, Xavier and me to the National Young Leaders Day event that was held at Sydney Olympic Park. We listened to speakers such as Commissioner Andrew Scipione, youth speaker Nathan “Dubsy”Want, paralympian Ben Austin and many others. The speakers talked about the different ways you can be a great leader, believing in yourself, practising, not giving up and taking small steps. I really enjoyed the day and I have learnt a lot that can help me be a better leader today and in the future. Thank you Mr. Watson for taking us to such an inspirational experience.

Emily Shamoun

On Monday 29th February the school leaders travelled in to Allphones Arena to attend the Young Leaders Day. The day was amazing! When we arrived we had a short wait before we headed to our excellent seats, right in the raised centre so we did not have to look up. I learnt so much about leadership and the skills you need to become the best leader you can be. We were lucky enough to listen to some inspirational speakers. We thank Mr. Watson for taking us there and giving us this opportunity.

Ryan Snelling

On Monday 29th February, Mr. Watson drove Emily, Ryan, Xavier and me to Allphones Arena to the National Young Leaders Day. Over 6000 young leaders from primary schools across NSW attended. We got to listen to some very inspirational speakers. Two of my favourite speakers were Leticia Lentini who is the Marketing Manager for Google Australia and Rebecca Kerswell who is the founder of Coco Chocolate and Director and Head Chocolatier. We all had a very fun day and it was very interesting listening to all the speakers. Thank you Mr. Watson for driving us.

Paige Hottwagner
Are Ethics Classes Right for Your Child?

Primary school is a wonderful time to introduce philosophical ethics to children because they have a natural sense of fairness and social justice; they are inquisitive and fascinated with the world and the people around them.

In ethics classes, children learn how to think logically, disagree respectfully and support their arguments with evidence, rather than act according to habit or peer pressure. They consider decisions that affect them, their friends and family, and the whole world. These thinking skills, once learned, accompany children into adulthood.

Examples of Topics:

- Making things up, being cross & hurting someone (Kindy)
- Being similar & being different (Years 1–2)
- Disagreeing respectfully (Years 3-4)
- Insides & outsides: Beauty & blindness (Years 3-4)
- Homelessness (Year 5-6)
- A “fair” society. Is it possible? (Year 5-6)

For details on the Primary Ethics curriculum please visit: www.primaryethics.com.au/k-6curriculum.html

Why are Ethics Classes in NSW Public Schools?
Children in NSW public primary schools have the right to attend either religious instruction (SRE/scripture) classes or secular (non-religious) ethics classes. Ethics classes are not intended to replace or interfere with Scripture (SRE), rather they are an alternative for children who are currently doing non-scripture (passive supervision).

What is Primary Ethics?
Primary Ethics is the charity approved to recruit, vet and train volunteers to coordinate and deliver ethics classes. These volunteers are often also parents or carers of children in the school. Across NSW there are over 1,900 volunteers in almost 400 school's teaching weekly ethics classes to 31,000 children.

The Primary Ethics curriculum is written by Dr Sue Knight, a leading Australian academic and is approved by the Department of Education. It covers 260 lessons over 76 engaging topics for students from Kindergarten to Year 6.

Without parental and community support ethics classes in schools are not possible. If you are interested in becoming a volunteer or would like more information on Primary Ethics and ethics classes, please visit: www.primaryethics.com.au or phone 02 8068 7752.
OPAL CARDS
Over 350,000 students eligible for subsidised travel under the School Student Transport Scheme have been provided with a School Opal card for travel within the Opal network.
This year, Transport for NSW and transport operators have allowed eligible school students to travel without a School Opal card for the first seven weeks of the school year, provided they are in school uniform or can provide evidence they are attending school (i.e. school student ID card or copy of class timetable). As most students have now settled in to their new travel patterns for the year and have received their School Opal cards, the grace period will end on Monday 21 March 2016.
For any queries relating to opal cards or to apply for one please go online to: transportnsw.info/school-students

Please return updated Emergency Contact Details form as soon as possible even if there are no changes

FINAL DATES FOR PAYMENT
ASAP— Sports Permission Note for 2016 $2 per child
Friday 18th March—The Groovenomad Show
Thursday 24th March—Yrs 3-6 Primary Schools Competitions
Thursday 24th March—Yr 6 Leadership evening

Payment envelopes are included with excursion notes for your convenience

PLEASE REMEMBER TO REPORT TO THE SCHOOL OFFICE BEFORE PROCEEDING INTO SCHOOL GROUNDS

Payments can be made by cheque, cash, and eftpos. Please be aware that the school office cannot accept eftpos or credit card payments for Book Club or any P&C raffle, disco etc
The WPS P&C AGM was held on Monday 7th March.
The P&C AGM sees all positions on the Executive Committee absolved and the new committee nominated and elected.

We are pleased to share with you your P&C Executive committee for 2016.

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
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<tbody>
<tr>
<td>President:</td>
<td>Kim Stanyer</td>
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<td>Vice President 1:</td>
<td>Lisa Baldwin</td>
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<td>Vice President 2:</td>
<td>Jessica Mavin</td>
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<td>Treasurer:</td>
<td>Abigail Ball</td>
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<td>Secretary:</td>
<td>Kylie Toomey</td>
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<td>Clothing Pool:</td>
<td>Lisa Baldwin &amp; Kylie Toomey</td>
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<td>Fundraising Coordinator:</td>
<td>Sally Macdonald</td>
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**LIBRARY:**
We are happy to announce that this year, the P&C will be supporting improvements to our Library - watch this space!

**EASTER RAFFLE:**
The Office is still accepting donations of Bunnies/Eggs etc for the Easter Raffle, a big thank you to all those who have already contributed.

Raffle tickets went out last week. If you didn't receive yours or you would like more you can pick some up at the Office.

The Raffle will be drawn at the Easter Hat Parade on Thursday 24th March.

Just a reminder the Office can only accept Cash/Cheque for P&C run events.

**BUNNINGS BBQ:**
We will be running a Bunnings BBQ on Sunday 3rd April.

A volunteer request should have come home. If you can do any of the shifts, or help in any way, we would greatly appreciate it!

Not only is it a great way to raise money for our school but those involved in last year's BBQ got to meet other parents/staff in an informal setting. There was a great fun atmosphere on our side of the counter which came through to the customers, who were all complimentary not only to us but to Bunnings Management as well.

The Clothing Pool is located in the P&C room off the Hall. We currently have plenty of stock at great prices, however we are always more than happy to accept your support & donations, particularly in larger sizes!

**Open Friday morning 8:45am-9:10am.**

For other times please do not hesitate to call Lisa on 0403 015 423 or Kylie on 0416 274 804, who would be happy to assist you. *Change room area now available*
We would like to thank both these local businesses for their generous support and donations throughout the year with our fundraising and school events. Please show them your support if you choose by giving them your patronage.
Our Sponsors

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self storage

- Purpose built, clean modern facility
- Ground floor and drive up units with easy access
- Range of unit sizes
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- 365 day access via your own PIN
- Only 11 minutes from Rouse Hill and 6 minutes from Windsor

Complimentary move in trailer...
Office hours:
Monday - Friday 8.00am to 5.00pm
Sunday 9.00am to 3.00pm
54 Industry Rd, Vineyard NSW 2765
www.storit.com.au

AUSSIE CHOICE REALTY

“Aussie Choice Realty believes it’s important to offer our support and be more involved in our local community.”

We are proud to support Windsor Public School
List and sell your home with us, mention this advert and we will give to the school a donation of $250 on the sale of your home

ALL AGENTS OFFER FREE MARKET APPRAISALS

BUT WHAT CAN WE DO FOR YOU?
GIVE YOU NOT JUST AN AGENT BUT A TEAM – AN AGENCY
GIVE YOU OUR FULL ATTENTION TO DETAIL
OUR COMMITMENT TO YOU
LOW SELLING FEES
THE RESULT YOU WANT

WE HAVE THE BUYERS & TENANTS

3/25 Bells Line Of Road, North Richmond
www.aussiechoicerelalty.com.au

4571 4455
## Term 1 2016

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<th>Term One</th>
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<td>Harmony Performance 1.45 (Groovenomad Show) K-6</td>
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<td>K-6 Easter Hat Parade</td>
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<td>3/45 Cake Day</td>
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<td>2 May</td>
<td>Coffee Club @ 2.15pm</td>
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<td>P&amp;C Meeting</td>
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### Notes
- National Day Against Bullying & Violence K-6
- Good Friday
- P&C Meeting @ 9.00am Bunnings BBQ – 3rd Apr
- *Merit BBQ
- *Principal’s A/T
- *K-6 DISCO
- School Anzac Service @ 9.30am
Stay sane when travelling with kids

By Renee Klaassen (Parenting Ideas)

The thought of travelling with children can cause some parents to reconsider their travel plans, but there are some practical, easy ways you can make the trip enjoyable for the children and the parents and keep your sanity in the process!

Family holidays are amongst my most treasured childhood memories. I remember trips to Lakes Entrance, our flappy red tent and running free amongst trees leading into the sea. Although my memories are happy, my mother often reflects that these holidays were quite stressful for her – but I never would have guessed; they must have been well prepared!

In order to ensure your children have happy memories and you reduce your stress, here are a few things you can do to remain sane these holidays when travelling with your kids.

Prepare yourself mentally before you leave-

Parents should begin to use a Mindfulness technique at least a week before departure:

**Mindful breathing**
- Come into the present moment
- Accept any unwanted feelings without judgment
- Focus on the breath, feel it go in and go out of your body until you sense calm
- Ground yourself by feeling your feet on the ground or noticing your posture
- Return to present moment

Research shows that even five minutes of relaxation per day has a cumulative, beneficial effect.

Prepare Mindfulness activities to relieve boredom and for ‘mental time-out’

**Mindful activity 1:** Bring craft along to do in the car, simple wool and icy-pole sticks create a gods eye. Craft activities require your full attention to the present moment and therefore distract away from both boredom and anxiety provoking thoughts. Make great mementos too!

**Mindful activity 2:** Mindful colouring books are becoming well known and feature detailed images that provide opportunity for children and grown-ups alike to unwind and focus on creativity. Your brain cannot be stressed and in creative flow at the same time.

**Mindfulness activity 3:** Liana Taylor, Mindfulness coach, advocates creating a Mindfulness Breathing Space. Do it in the car as you’re driving or pull over. Ask children to close their eyes and take a deep breath. Ask them to begin the activity by scanning their body from the very tip of their head down through their face, neck, chest, tummy, legs and finally feet. Have them notice whether there are any places in their body that feels ‘uncomfortable’ or ‘tingly’. Suggest that they visualise the feeling as an object (a lumpy ball or prickly blob), then have them put the object into a bubble. Now open the window of the car and blow the bubble (containing the feeling) off into the wind!
Be prepared to listen

What’s a holiday without the odd tantrum or bickering with a sibling? Quickly curb the situation using emotion coaching:

Encourage your child to **tell what happened**. “I pinched her because she grabbed my stuff”.

**Listen**, focusing mainly on the child’s **emotions**. (His tone is angry maybe).

**Name the emotion** for them “you’re feeling angry because your sister grabbed your stuff?”

Allow the child to **confirm the emotion** (did you get it right?) “yeah I’m angry at her”.

**Affirm the emotion**, model that it is ok to have difficult feelings, “Well maybe I would be feeling angry too if someone took my things”

Then without solving the problem – **ask them what they think they could do about their feeling/the problem**. “What do you think you could do instead of reacting by pinching her?”

**Wait for a response** and **guide towards a solution within limits** (I could ask her to stop, I could tell you what she did but being aggressive is not an option).

**An opportunity for reflection**

Sometimes stories and issues arise about the year in retrospect, for example your child might recall a time she did not get along with some friends and mentions, during the trip, that she remembers it as a very unhappy time.

**Listen** to the story and ask the child how the situation was handled by both her and also other students or adults involved.

**Reflect** on positive ways in which the situation was handled and if not handled well, how it could have been dealt with.

Now have her **re-tell the story** including the positive aspects. Creating an alternative narrative teaches her the skill of reflection and helps her to find evidence of positive outcomes, it teaches resilience and self-confidence.

**Prepare to have fun** – **“We’re here!”**

Finally you arrive at the destination but the problems aren’t over for some parents. After sitting for a long time kids bodies are ready to be used so you need to find a place where they can run or burn off some of that pent-up energy. Depending on your environment, you may need to set boundaries for this activity to take place safely and without affecting other travellers. Rather than quash the child set boundaries and expect them to adhere to those boundaries.

Finally, stay sane by remembering that holidays which end with happy memories begin with (mental) preparation!