Principal’s Message

TELL THEM FROM ME SURVEY
I wish to remind parents to complete this online survey, as currently there are only 11 surveys completed.
I would greatly appreciate a large cross section of parents taking the time to complete the survey to ensure a ‘true’ indication of parental feedback is given in regards to school systems and management.

Parents can access the survey through: https://www.tellthemfromme.com/llogin.htm# using the username parent17328 and password wind3459.

Thankyou in anticipation of your participation.

STAFFING
I wish to advise the community that Mrs Ford will remain at Cattai Public School for the remainder of this year, as relieving Principal; with Ms Parkinson remaining as K/1F classroom teacher.
Mrs Berghofer will continue in her role as relieving Assistant Principal for Stage 1 during this time.

Mrs Chard, Mrs Berghofer and Mrs Verhelst will be on leave for this final week of Term 3.

OBSTACLE-A-THON
Last Friday, we were extremely fortunate to have great weather for this event; and students were enthusiastic in their participation. My sincere thanks to the parents who assisted behind the scenes to ensure that our Obstacle-A-Thon was a success. I particularly wish to acknowledge the mammoth effort that both Mrs Taylor and Mrs Macdonald have given in developing this overall concept.
I hope that their efforts are duly rewarded as funds are brought in through sponsorship!

Students bringing their bikes are asked to place them on the grass in front of the shed, on arrival.

TERM 4 TREAT
Commencing in week one of next term, students will be able to purchase ice blocks on a weekly basis. This initiative is to assist Year 6 with their fundraising.

I wish to thank the school community for your support throughout this term.
Enjoy the next 2 weeks with friends and family.
All students return on Tuesday 6th October.

BIKE SAFETY DAY
This Friday we will be holding our special bike safety awareness day and students are encouraged to bring their bikes to school.

2016 KINDERGARTEN
We are currently accepting Kindergarten enrolments for 2016.
Please enquire at the office.

Important Information
Congratulations to the following students who received STAGE awards.

**KZ**
Aiden Bailey - great enthusiasm when learning about 2D shapes
Hudson Kennedy - fantastic improvement when sharing news

**K-1F**
Lily Paraha - sensational writing
Hayden Shamoun - for being an enthusiastic class member

**1-2M**
Jared Wesley-Smith - trying his best in English
Jake Huttunen - applying greater effort and focus in class

**2C**
Lily Callaghan - using a numberline well in Maths
Lily Spies - great corn person

**2-3V**
Zak Oaklands - excellent effort in maths

**3-4T**
Shania Gray - her positive attitude toward her work
Cooper Harriss - always trying his best

**4-5C**
Teresa Chen - always doing her best

**6B**
Natasha Paterson - improved effort in numeracy groups
Leroy O’Connor - being a reliable and responsible member of 6B
Congratulations to the following students who received STARR awards.

**KZ**
- Elizabeth Baldwin
- Chris Chen
- Sahkai Gabriel
- Hudson Kennedy
- Isabella Layt
- Ruby Oaklands
- Lachlan Reeves
- Poppy Spies

**K-1F**
- Laila Arab
- Charlotte Jones
- Elise Radunz
- Hannah Shamoun
- Hayden Shamoun
- Peyton Shipley
- Tommey Clark
- Lily Paraha
- Shelby Stanyer
- Brody Taylor

**1-2M**
- Talia Frost
- Ruby Bugeja
- Daisy Spies
- Ryan Callaghan
- Jake Huttunen
- Jared Wesley-Smith
- Chloe Pike

**2G**
- Ruby Blume
- Owen Brown
- Lily Callaghan
- Cassidy Grima
- Peri Kane
- Kirrileigh McDonald
- Max Pinson
- Stephen Radunz
- Braxton Shearer
- Lily Spies
- Seth West
- Preston Woodhouse

**2-3V**
- Jackson King
- Jacob Simmons
- Amelia Temlett
- Kobi Manion
- Alex Zouait
- Melek Gabriel
- Marcus Mavin
- Zak Oaklands
- Bailey Jones
- Maxine Suela

**3-4T**
- Kendra Shuttleworth
- Makaelah Simmons
- Preston Kennedy
- Charlotte Collier-Mitchell
- Jesse Davis
- Jacob Kent
- Ryder Mavin
- Ethan Lewry
- Riley Taylor
- Gemma King
- Iris Miller
- Cooper Harriss

**4-5C**
- McKeeley Whitmore
- Gemma Whitmore
- Emily Shamoun
- Jett Merryweather
- Paige Hottwagner
- Xavier Shuttleworth
- Jordan Tolmie
- Seth Stanyer
- Oliver Macdonald

**6B**
- Ethan Hearne
- Leroy O’Connor
- Taine Nolan
- Felicity Tait
- Seth Nolan
- Reili Massingham
- Lachlan Morgan
- Connor Simmons
- Alexi Suela
Congratulations to the following students who received Bronze awards.

K-1F  Luke Pointek
1-2M  Jake Huttunen
2-3V  Kobi Manion  Lucas McIlrick  Bailee Walker  Alexander Zouait
3-4T  Mia Bruton  Tristan Towner-Cohen
4-5C  Ryan Snelling  Gemma Whitmore
6B   Leroy O’Connor

Congratulations to the following students who received Silver awards.

KZ  Chris Chen  Sahkai Gabriel  Cheyenne Harris  Hudson Kennedy
Lachlan Reeves  Poppy Spies  Brianna West
K-1F  Laila Arab  Tommey Clark  Charlotte Jones  Swayzee Kennedy
Cailin McHenry  Grace McHenry  Lily Paraha  Elise Radunz
Peyton Shipley
1-2M  Ryan Callaghan  Talia Frost  Grace Vredegoor
26  Owen Brown  Kirrileigh McDonald  Maxwell Pinson
Braxton Shearer  Lily Spies
2-3V  Noah Krix  Marcus Mavin  Zak Oaklands  Maxine Suela
3-4T  Jesse Davis  Cooper Harriss  Preston Kennedy  Jacob Kent
Ethan Lewry  Ryder Mavin  Kendra Shuttleworth  Joshua Wade
4-5C  Teresa Chen  Taylah Reeves  Seth Stanyer  Lana Stark
6B  Katrina Maher  Reili Massingham  Seth Nolan  Taine Nolan
Clarice Suela  Felicity Tait

Congratulations to the following students who received Gold awards.

K-1F  Hannah Shamoun  Shelby Stanyer
1-2M  Daisy Spies
26  Ruby Blume  Stephen Radunz
2-3V  Jackson King  Jacob Simmons
4-5C  Oliver Macdonald  Xavier Shuttleworth  McKeeley Whitmore
AROUND THE SCHOOL

FRUIT & VEGETABLE MONTH!

FRUIT SCULPTURES
WPS P&C News

DISCO
Thursday 17th September

YES THAT’S RIGHT—IT’S THIS THURSDAY NIGHT!

DON’T FORGET TO GET YOUR DINNER DEALS IN!
Our $10 dinner deal includes Hot Chips, drink, glow product and entry into the disco.

Entry Tickets are available at the door on the night. Also available will be snacks, drinks and glow products.
The Theme is SUMMER/BEACH as we are celebrating the warm weather. Come ready to dance - the Grooviest dancers in each stage win a PRIZE! If you didn’t receive a note please see the office.

Parent Helpers will be needed on the night to help with canteen, supervision and security. Your help supporting this event would be greatly appreciated.

OBSTACLE-A-THON

What a fantastic day! The weather was smiling down on us and everyone had a such a great day. We hope those who came to watch and cheer the kids on had as much fun as we did.

A HUGЕ THANKYOU TO ALL OUR VOLUNTEERS, SPONSORS AND THE TEACHERS FOR ALL YOUR SUPPORT—WE COULDN’T HAVE DONE IT WITHOUT YOUR HELP!

Special THANKS to Sally Macdonald and Megan Taylor for all the effort they put in behind the scene to organise the event. Please remember to collect your sponsorship money and return it to the office this week.

Please Note: All P&C related events need to be paid for by cash or cheque as we do not have eftpos facilities available.

FATHER’S DAY

We hope all the special men in your children’s lives had a great day and enjoyed their gifts. Thanks to Amy Shamoun and Lisa Baldwin for helping out at the Fathers/Grandfathers in School morning serving Tea/coffee. It was wonderful to see so many of you there.

BUNNINGS BBQ
Sunday 18th October

Volunteer request notes will be going home this week asking for your help running this event next term. We are very excited about this event and look forward to your support. We are also looking for donations of cans of drink for the day. Any help would be greatly appreciated!
The Clothing Pool is located in the P&C room off the Hall. We currently have plenty of stock at great prices, however we are always more than happy to accept your support & donations—particularly in larger sizes!

Open Monday afternoon 2.30-2.55pm and Friday morning 8:45am-9:10am. For other times please do not hesitate to call Lisa on 0403 015 423 or Kylie on 0416 274 804, who would be happy to assist you.

*Change room area now available*

SALE

For the remainder of term 3 and the first week of term 4 we will be having a sale on all stock.

NEXT MEETING

A huge thank you to all the new members who joined the P&C at our last meeting. It was wonderful seeing so many new faces. The next P&C General Meeting will be Friday 9th October 9.15am in the Hall. This is the first Friday back from the School Holidays. We are a really friendly group and we welcome new faces with new ideas. Hope to see you there!

PLEASE WATCH THIS SPACE NEXT TERM FOR OUR UPDATED FUNDRAISING THERMOMETER TO SEE WHAT ALL YOUR SUPPORT HAS ACHIEVED SO FAR THIS YEAR!

We hope you have a safe and happy holiday!

Your school is in the running to win $1,000 in our School Button Drop Competition.

Don't forget if you're eating out in Rouse Hill we are entered in the Pandora's Restaurant Rouse Hill competition. Every $30 you spend gives our school another entry to win the $1000 prize. This competition runs until October 2015.
ADMINISTRATION MATTERS

KINDERGARTEN 2016
Enrolment forms for kindergarten students are available from the school office.
If there is a sibling already at the school these can be printed off with all relevant information.

STUDENT BANKING
There will be NO student banking tomorrow, Tuesday 15th September.

Commonwealth Bank School Banking Update – Please Read
Concerns have been raised regarding the ‘Cosmic Light Beam Torch’ reward item due to the inclusion of four button batteries that can be accessed by unscrewing the back of the torch.
Whilst this reward has been independently tested and deemed to meet relevant product standards the Commonwealth Bank have made the decision to proactively withdraw this item from the School Banking Rewards Program.
Parents/Guardians are requested to dispose of any ‘Cosmic Light Beam Torches’ their child may have already received as part of the Rewards Program.
Students who have previously received a ‘Cosmic Light Beam Torch’ are welcome to redeem an alternative reward item.

FINAL DATES FOR PAYMENT
The Yr5-6 Canberra excursion final date for payment is 28th October, but instalments can be made anytime up till this date.

**Reminder to pay any outstanding workbook and sports field fees
Payment envelopes are included with excursion notes for your convenience

Payments can be made by cheque, cash, and eftpos. Please be aware that the school office cannot accept eftpos or credit card payments for Book Club or any P&C raffle, disco etc
KZ had an exciting visit from a friendly blue-tongue lizard. Can you spot him in our photos?
Who is eligible?

Anyone residing in the Hawkesbury local Government Area who has dependent children within the 0-11 age group (Families with children 12-18yrs are supported by our Youth Service).

Cost? FREE

How can a Family Support Worker assist my Family?

Family support program provides each family with a package of support, tailored to their specific strengths and needs. Families have access to one-time or ongoing, client focussed case management, support and referrals to other services.

HCOS Family Support current programs:
- Parenting Skills program - strength & Resilience based therapeutic art group for women, girls & children. WIA
- Parenting Skills program - strengthen parent & child relationship. COS
- DRUMBEAT- Fun Djembe drumming & Relationship building.

Check out: Hawkesbury Community Outreach Services Inc Website & face book to learn more about HCOS.
Our Sponsors

Are you ready for a medical emergency?
What would you do during on a play date at your place, when.....

Citadel First Aid
Training & Supplies
Courses at Castle Hill & Windsor or we come to you

Did you know?
It takes 60 seconds for an adult to drown and 20 seconds for a child?

Parents' Course
Only $85

Check our other courses at www.citadelfirstaid.com
Book in to our Public Courses
Book a an On Site Course

Book now before it's too late

Call us today 1300 85 43 53
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<th>Week</th>
<th>MONDAY</th>
<th>TUESDAY</th>
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<td>Education Week Open Day from 9.30am</td>
<td>ICAS - English</td>
<td>10.15am Riverview Performances – Choir, Dance, Percussion.</td>
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<td>Athletics Carnival at Tamplin Field.</td>
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<td>Jollybops Science Incursion</td>
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<td>9.00am – P&amp;C Meeting</td>
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<td>ICAS - English</td>
<td>KZ Cake Day</td>
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<td>7.00pm – PULSE performance at Opera House.</td>
<td>K-2 Responsible Pet Program.</td>
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<td>District Athletics – Field Events</td>
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<td>Windsor HS – ‘Windsor on Stage’ for Stage 2&amp;3.</td>
<td>District Athletics – Track Events</td>
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PARENTING IDEAS - Do less, not more, for your kids

Michael Grose

*With school-aged children we can find ourselves making lunches, getting kids out of bed and cleaning out schoolbags rather than giving these basic tasks of living over to them.*

The basic task of parenting, whether you have a two year old or a twenty-two year old, is to work yourself out of a job at the first possible chance.

REDUNDANCY should be the aim of the game! We never become redundant in a relationship sense – the emotional connection between our children and us is never severed.

In a practical, physical way we need to make children less, rather than more, reliant on us. Developing independence is really about stepping back to allow children in. Doing less rather than more!

We develop greater independence in our kids one job at a time.

**We easily take on children’s responsibilities**

It is easy as parents to take on the jobs and responsibilities that really should belong to our children. With toddlers it is so easy to dress, feed and clean up after them rather than give these jobs over to them.

With school-aged children we can find ourselves making lunches, getting kids out of bed and cleaning out schoolbags rather than giving these basic tasks of living over to them.

**TIP NO. 1 for developing independence:**

Be clear about who owns jobs or tasks in your family and never take on a child’s job, or part of a task, unless there is extenuating circumstances such as illness.

**TIP NO. 2 for developing independence:**

Never be more worried about a child’s job than they are, otherwise it becomes your job, not theirs.

The school holidays provide a good opportunity to reflect on the whole notion of job-sharing. It’s also a good time for kids to increase their job load when they are not burdened with schoolwork and extra-curricular activities.

**Here’s my challenge for you:** Think of a job that you regularly do for your child that he or she can do for him or herself. Then step back and enable your child to do that for themselves on a full-time basis. Do less not more for your kids.

If you do that, then you can congratulate yourself as you have moved one step more toward REDUNDANCY.