Principal’s Message

TELL THEM FROM ME SURVEY
No doubt, all families have received the letter with parent username/password, which will enable you to complete this online survey. The survey will remain open until October, which will allow ample time for a large cohort of parents to complete the survey. I thank you in anticipation of your cooperation.

MULTICULTURAL PERSPECTIVES PUBLIC SPEAKING
Last Thursday, I attended the Western Sydney Regional Final in support of Connor Simmons, who was representing our school. Connor was one of 8 finalists in our Region, who were in the top 50 out of approximately 2000 entrants across the state—this alone was a massive achievement!

Unfortunately, Connor missed out on placement in the State final. I congratulate Connor on his achievement; and I don’t envy the adjudicators, as the competition was high calibre.

SAS STAFF RECOGNITION WEEK
Every year the Public Service Association organises Recognition Week to acknowledge the vital role that SAS staff play in schools across NSW. It’s that time of year again!

The theme for this year is: “Our jobs, Your children, Their future”
I’m sure that you will join me in acknowledging the great work and valuable support that Mrs Knowles, Mrs Kelly, Mrs Fone, Mrs Wallace, Mrs Zahra, Mrs Riley and Mr Cromie all do in their respective roles!

THANK YOU

INDIGENOUS ARTWORK
Earlier this year, all students participated in an incursion, where Indigenous performers maximised participation by having all students contribute to a large mural. This artwork has now been professionally framed and has been hung in the hall. A great addition to our school, with cultural significance!

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Important Information

**2016 KINDERGARTEN**
We are currently accepting Kindergarten enrolments for 2016. Please enquire at the office, as we will be commencing our orientation process this term.

**OBSTACLE-A-THON**
As you are aware, this P&C fundraiser is fast approaching.
I encourage all families to source as many sponsors as possible to ensure this event is a financial success for our P&C.
I wish to acknowledge and thank the work that has gone on ‘behind the scene’s by this group of proactive parents, who are keen to make this fundraiser enjoyable for all participants.

**BOOK PARADE**
What a great parade!
It was great to see so many students come to school dressed in character.
A big thanks also to Mr Graham for his organisation, not only for the parade but also with the book fair which was very well supported on Friday.
Congratulations to the following students who received STAGE awards.

**KZ**
- Elizabeth Baldwin - efforts during writing activities
- Porsha Woodhouse - improved effort during Maths groups

**K-1F**
- Luke Piontek - improved effort and behaviour in class. Well done!
- Elliesha Williams - great improvement in reading

**1-2M**
- Jaylee Morgan - improved effort in class
- Mason Ashford - fantastic effort in handwriting

**2C**
- Eden Bugeja - great concentration in class discussions
- Preston Woodhouse - wonderful waves made from paper

**3-4T**
- Tristan Towner-Cohen - improved effort in class and with homework
- Jessica Tuiniua - always being a co-operative and helpful class member

**4-5C**
- Ella Paraha - great participation in maths
- McKeeley Whitmore - excellent all round effort and results

**6B**
- Elizabeth Dries - trying hard in Literacy groups
- Cody Maher - working well in Numeracy groups
Congratulations to the following students who received STARR awards.

**KZ**
- Daniel Vredegoor
- Poppy Spies
- Ruby Oaklands
- Hudson Kennedy
- Chis Chen
- Rose Baldwin

**K-1F**
- Laila Arab
- Charlotte Jones
- Cailin McHenry
- Grace McHenry
- Elise Radunz
- Hannah Shamoun
- Hayden Shamoun
- Peyton Shipley
- Tommey Clark
- Swayzee Kennedy
- Madeleine Macdonald
- Lily Paraha
- Anna Pugliese
- Shelby Stanyer
- Brody Taylor

**1-2M**
- Mikayla Layt
- Daisy Spies
- Jake Huttunen
- Talia Frost
- Elizabeth Zouait
- Brooke Farrugia
- Grace Vredegoor
- Chloe Pike

**2C**
- Ruby Blume
- Owen Brown
- Eden Bugeja
- Lily Callaghan
- Kirrileigh McDonald
- Stephen Radunz
- Dominic Shamoun
- Braxton Shearer
- Lily Spies

**2-3V**
- Maxine Suela
- Marcus Mavin
- Bailey Jones
- Jacob Simmons
- Jackson King

**3-4T**
- Jesse Davis
- Cooper Harriss
- Jacob Kent
- Iris Miller
- Kendra Shuttleworth
- Tristan Towner-Cohen
- Joshua Wade
- Gemma King
- Ethan Lewry
- Ryder Mavin
- Riley Taylor
- Lachlan Wade

**4-5C**
- Oliver Macdonald
- Ella Paraha
- Taylah Reeves
- Jordan Tolmie
- Xavier Shuttleworth
- Seth Stanyer
- Ryan Snelling
- Teresa Chen
- Paige Hottwagner
- Lana Stark
- McKeeley Whitmore

**6B**
- Jada Cooper
- Sarah Dorahy
- Ethan Hearne
- Katrina Maher
- Darcy Martin
- Reili Massingham
- Lachlan Morgan
- Seth Nolan
- Taine Nolan
- Connor Simmons
- Alexi Suela
- Felicity Tait
AROUND THE SCHOOL

Book Week 2015
AROUND THE SCHOOL

Staff and Students
Interschool’s horse riding Competition.

On Saturday 22nd August one of our year 6 students, Codi Hardiman represented our school in the Hawkesbury Interschools riding competition. Codi had an extremely successful day winning many ribbons, including first place ribbons in a few events.

WELL DONE CONNOR!

Congratulations Codi!
FATHER’S DAY STALL
Thursday September 3rd
We have some great gifts for dad this year, prices are:
$10
$7
$5

Obstacle-a-thon Friday 11th September
Everyone should have received their sponsorship form. Hopefully your children are busy collecting some sponsors for this exciting event! If you missed out please see the office for a form.

A BIG THANKYOU
To all those that have volunteered to help out on the day we are very grateful. Just a reminder all people that volunteer at schools need to complete a working with children check for volunteers, which can be done online here.
Once you have your Working with children check number, you simply drop into the RMS with Photo ID and your WWCC number. There is no cost involved & your clearance will be sent in the mail.

If you are coming to the Obstacle-a-thon and can help out more volunteers are always appreciated.

The next P&C General Meeting will be Monday 7th September at 7pm in the Staff room. We are a really friendly group and we welcome new faces with new ideas.
Hope to see you there!

The Clothing Pool is located in the P&C room off the Hall. We currently have plenty of stock at great prices, however we are always more than happy to accept your support & donations—particularly in larger sizes!

Open Monday afternoon 2.30-2.55pm.
For other times please do not hesitate to call Lisa on 0403 015 423 or Kylie on 0416 274 804, who would be happy to assist you.

*Change room area now available*
Start collecting for your school now

The Woolworths Earn & Learn program gives Schools and Early Learning Centres around Australia the chance to earn new educational resources.

Make a difference for your local school

- Simply shop at Woolworths and you will receive one Woolworths Earn & Learn Sticker for every $10 spent.*

- Stick the Woolworths Stickers onto the Woolworths Earn & Learn Sticker Sheet inside.

- Once it’s complete, pop it into a Collection Box at your school or local store. You can download more Woolworths Earn & Learn Sticker Sheets from our website [woolworths.com.au/earnandlearn](http://woolworths.com.au/earnandlearn)

*excluding tobacco, liquor and gift cards.

Last year more than 14,500 schools and Early Learning Centres benefited from the program, boosting supplies in classrooms, libraries, music rooms, gymnasiums and science labs.

It’s easy to earn valuable resources to help your local school, so start collecting your Woolworths Earn & Learn Stickers today.

Go to [woolworths.com.au/earnandlearn](http://woolworths.com.au/earnandlearn) for more information, terms and conditions and answers to frequently asked questions.
**ADMINISTRATION MATTERS**

**KINDERGARTEN 2016**
Enrolment forms for kindergarten students are available from the school office.
If there is a sibling already at the school these can be printed off with all relevant information.

**STUDENT BANKING**
There will be NO student banking on Tuesday 15th September (last week of term)

**Commonwealth Bank School Banking Update – Please Read**
Concerns have been raised regarding the ‘Cosmic Light Beam Torch’ reward item due to the inclusion of four button batteries that can be accessed by unscrewing the back of the torch.
Whilst this reward has been independently tested and deemed to meet relevant product standards the Commonwealth Bank have made the decision to proactively withdraw this item from the School Banking Rewards Program.
Parents/Guardians are requested to dispose of any ‘Cosmic Light Beam Torches’ their child may have already received as part of the Rewards Program.
Students who have previously received a ‘Cosmic Light Beam Torch’ are welcome to redeem an alternative reward item.

**FINAL DATES FOR PAYMENT**
Friday 12th September—Hawkesbury Dance Festival ticket order
The Yr5-6 Canberra excursion final date for payment is 28th October, but instalments can be made anytime up till this date

**Reminder to pay any outstanding workbook and sports field fees**
Payment envelopes are included with excursion notes for your convenience

Payments can be made by cheque, cash, and eftpos. Please be aware that the school office cannot accept eftpos or credit card payments for Book Club or any P&C raffle, disco etc
Lily from 2C went to Bolivia with her dad to visit her friends. She told us all about her holiday when she came back with a journal.

Lily brought us all woven wrist bands, a lovely blanket for our classroom and a scarf for me.

We had api, a warm drink made from corn.
DISTRICT ATHLETICS CARNIVAL

The District Athletics Carnival was held at McMahons Park, Kurrajong, on Wednesday 19th and Friday 21st August.
We were extremely fortunate to experience such perfect weather for this event, making both days most enjoyable for all competitors.
All students who attended should be very proud of their achievements and commended on their behaviour and sportsmanship.
It is most pleasing to announce that Windsor Public School has two representatives at the next level, the Sydney West PSSA Athletics Carnival, held at Blacktown.
Congratulations to:
Lana Stark who came 1st in the Junior Girls Shot Put and
Zac Oaklands who came 2nd in the 8 year boys 100m
Ethan Hearne also achieved 3rd place in 11 year Boys Shot Put.
We wish Lana and Zac the best of luck on September 9th and hope they enjoy this amazing opportunity.

SCHOOL SWIMMING SCHEME

Thank you to those people who have requested a place in this scheme. Costings have now been finalised and I am pleased to say that we are able to keep the cost as indicated, based on the responses received.
Permission notes have been sent home to all who asked for a place to be held for them and payments should be made to the office before Friday September 11th.

FRUIT AND VEG MONTH

Fruit and Veg Month 2015 is held during weeks 7-10.
The theme is “Go Green” - indicating using less packaging and processed food and especially more fresh fruit and vegies. Wednesdays is our lunchbox challenge day and your support in encouraging the “Go Green” message would be very much appreciated.
A note has also gone home with details of other activities to be held over the month -
Sept 2 - Springy Apple Day - 30c
Sept 8 - Fruit and Veg Tasting (permission note MUST be returned to class teacher)
Sept 10 - Fruit and Veg Sculpture Day
Sept 15 - Healthy Breakfast at school, bring a bowl and spoon
Sept 17 - Mufti Day - dress up as your favourite fruit or veg, or in the colour of it.
Who is eligible?

Anyone residing in the Hawkesbury local Government Area who has dependent children within the 0-11 age group (Families with children 12-18yrs are supported by our Youth Service)

Cost? FREE

How can a Family Support Worker assist my Family?

Family support program provides each family with a package of support, tailored to their specific strengths and needs. Families have access to one-time or ongoing, client focussed case management, support and referrals to other services.

HCOS Family Support current programs:

Parenting Skills program- strength & Resilience based therapeutic art group for women, girls & children. WIA
Parenting Skills program–strengthen parent & child relationship. COS DRUMBEAT- Fun Djembe drumming & Relationship building.

Check out: Hawkesbury Community Outreach Services Inc Website & face book to learn more about HCOS.
## TERM 3 CALENDAR

**MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SAT/SUN**
---|---|---|---|---|---
**Week 1** | | | | | |
13 July | 14 July | 15 July | 16 July | 17 July | 18\ | 19\ |
SDD | 9.00am – Dental Clinic Promotion Assembly. | Yr 4 C.A.R.E.S visit. | *10.00am-2.45pm: Bus Safety Program K-6.* | K-2 Riverside Theatre Parramatta | July |
7.00pm: P&C Meeting | | | *2.15pm Dance Audition | | |
2 | 20 July | 21 July | 22 July | 23 July | 24 July | 25\ | 26\ |
| | | K/1F Cake Day | | | |
3 | 27 July | 28 July | 29 July | 30 July | 31 July | 1\ | 2\ |
| Education Week Open Day from 9.30am | ICAS - English | 10.15am Riverview Performances – Choir, Dance, Percussion. | | Athletics Carnival at Tamplin Field. | Aug |
4 | 3 August | 4 August | 5 August | 6 August | 7 August | 8\ | 9\ |
| Jollybops Science Incursion | | | | 9.00am – P&C Meeting | |
5 | 10 August | 11 August | 12 August | 13 August | 14 August | 15\ | 16\ |
| ICAS - English | ICAS - Maths | KZ Cake Day | 7.00pm – PULSE performance at Opera House. | K-2 Responsible Pet Program. | Aug |
6 | 17 August | 18 August | 19 August | 20 August | 21 August | 22\ | 23 Aug |
| | | District Athletics – Field Events | Windsor HS – 'Windsor on Stage' for Stage 2&3. | District Athletics – Track Events | |
7 | 24 August | 25 August | 26 August | 27 August | 28 August | 29\ | 30 Aug |
| BOOK WEEK Fruit & Veg Month | Dance Eisteddfod | | | Book Parade 11.40am | |
| | | | | | |
8 | 31 August | 1 September | 2 September | 3 September | 4 September | 5\ | 6\ |
| Book Fair | | | Father’s Day Stall | Dads in School | Sep |
9 | 7 September | 8 September | 9 September | 10 September | 11 September | 12\ | 13\ |
| 7.00pm: P&C Meeting | | | | Obstacle-a-thon Fundraiser 11.40am | |
10 | 14 September | 15 September | 16 September | 17 September | 18 September | 19\ | 20\ |
| *Dental Clinic | *Combined Assembly | | | | |
| *11 September P&C Meeting | *10.00am-2.45pm Bus Safety Program K-6. | *2.15pm Dance Audition | | Bike Day | |
| *Merit BBQ | *Principal’s A/T | | | | |
| *DISCO | | | | | |
Hols | 21 September | 22 September | 23 September | 24 September | 25 September | 26\ | 27\ |
| | | | | | |
Hols | 28 September | 29 September | 30 September | 1 October | 2 October | 3\ | 4\ |
| | | | | | |
**WINDSOR PUBLIC SCHOOL**

2 Dight St Windsor NSW 2756
PH: 02 4577 3168 FAX: 02 4577 2000
EMAIL: windsor-p.school@det.nsw.edu.au
WEBSITE: www.windsor-p.schools.nsw.edu.au
Parenting Ideas - What it means to be an emotionally intelligent parent

By Michael Grose

What does an emotionally intelligent parent look like? And importantly what is the impact on kids, parents and families of this approach?

Emotionally intelligent parents have the following five attributes in common.

1. Listen more and judge less
   There is nothing better than being understood. Parents who operate from an emotionally-smart mindset are more likely to listen to their kids when emotions are high, trying to access what may be going on, rather than clamping down their behaviour or closing them down with well-meaning advice.
   **Impact:** Better, more open relationships.

2. Accept strong emotions
   Anyone who lives with teenagers will know that emotions can run very high. They can say the worst possible things to each other and, at times, to you. Ten minutes after delivering a hateful tirade they can be cuddling up to the person who was the butt of their anger, frustration or anxiety. Emotionally intelligent parents know that feelings need to be expressed rather than bottled up, and allowed to fester. They also believe there is nothing so bad that a child can’t give voice to in a family, however there are behaviours that are not unacceptable.
   **Impact:** A healthy expression of emotions.

3. Focus on the present
   Most parents are rightfully future-focused. We focus on the homework that needs to be handed in tomorrow; the washing that needs to be done; the meal that needs to be cooked. That’s part of everyday life. Children generally focus on the here and now. That of course can be frustrating to a task-oriented future-focused mother or father. However when we lower our gaze we are more likely to pick up how kids are feeling, and importantly help them understand and manage their moods and emotions.
   **Impact:** Happier families and less stress felt at home.

4. Use rules rather than their moods to determine discipline
   Some parents discipline according to their moods. If they feel good then they give children plenty of leniency. If they are feel bad then they pick their kids up on every little thing. It’s better to stick to the family and house rules; that makes you more predictable, which kids really crave.
   **Impact:** More consistent parenting

5. Develop a language around feelings
   A family develops a vocabulary around the things that are important to them. Kids in a sport mad family will inevitably have a rich vocabulary around their chosen sport. The same holds for emotional intelligence. Families that truly value building emotional smarts will develop in kids a rich palette of words that will help them describe how they feel. This vocabulary will inevitably stay with them for life.
   **Impact:** Better relationships later in life at work and in their own families.