PRINCIPAL’S MESSAGE

HAWKESBURY MUSIC FESTIVAL
Last week our choir and percussion group performed at The Hawkesbury Music Festival.
The festival was a huge success and our students not only performed exceptionally well but were also great ambassadors for our school.
Mrs Buckle is proud of her choir’s efforts and I share the same sentiments for my percussion group who again presented highly technical, entertaining performances.
Well done to all concerned and I thank Mrs Rogers for giving her time to assist with supervision on Wednesday evening.

KINDER ORIENTATION
This morning we held our initial Kindergarten Orientation Meeting for our 28 new enrolments for next year.
I welcome the students and in particular, the new families into our school community and look forward to working with you as your children commence this exciting stage of their lives.
A series of classroom visits will be held in the upcoming weeks to assist with the transition into ‘big school’, our new enrolments.

FREEDOM OF ENTRY PARADE
The Mayor and Councillors of Hawkesbury City Council have invited Windsor Public School students and teachers to be a part of the Freedom of Entry to the City of Hawkesbury Parade on Thursday, 23rd October 2014.

The granting of the Freedom of Entry to a City is a very old tradition that dates back to the early history of Europe where cities were surrounded by walls, protected by soldiers and the right of entry to outside soldiers was rarely given by the authorities. Today, the ceremony is representative of the esteem in which Council holds the RAAF base and provides recognition of the facility’s contribution to our community.

This year marks the 25th anniversary of when Council resolved to provide RAAF Base Richmond the honour of Freedom of Entry to the City on 12th September 1989. Following being granted this honour; the RAAF Base exercised their right for the first time in February, 1990.

The parade will commence at 10.30am in McQuade Park, Windsor. The parade celebrates RAAF Base Richmond and their personnel’s commitment to the Hawkesbury community and our country.

All students K-6 will be walking across George Street to assemble at a vantage point at McQuade Park to watch the parade.
HOMEWORK SURVEY
Last term students, staff and parents completed an online survey in regards to our current homework policy. There were no unanimous results in any one aspect of the survey, however, there were several valid responses which need to be considered and discussed at length. Staff will spend time at the end of the year, during the staff development days, reviewing existing practices based on the survey responses. Homework will continue for all classes in the current format for the remainder of this year.

BANDANNA DAY
National Bandanna Day will be held on Friday 31st October. We will be supporting this charity again by selling merchandise before school throughout the week commencing 27th October.

Bandannas - $4.00
Pens - $3.00

Students may wear their bandannas on Friday 31st October in support of this worthwhile cause.

Thank you in anticipation of your support.

Mike Watson
Principal

KINDERGARTEN ENROLMENTS FOR 2015
We are currently accepting enrolments and enquiries for Kindergarten 2015. Please contact the office for further information.
Congratulations to the following students who received STARR awards last week. Well done!

**KC**
Grace Vredegoor       Jesse Blume       Selina Cai       Brooke Farrugia  
Daniel Wade       Violet Crofton       Jake Huttunen       Matilda Bush  
Swayzee Kennedy       Ryan Callaghan

**K-1F**
Madeleine Macdonald       Anna Pugliese       Shelby Stanyer       Tommey Clark  
Ruby Blume       Charlotte Bush       Lily Crofton       Cassidy Grima  
Kirrileigh McDonald       Alice Sheridan       Ruby Bugeja       Eden Bugeja  
Stephen Radunz       Jack Stubbs       Braxton Shearer

**1-2R**
Gracie Morrison       Jacob Simmons       Jackson King       Marcus Mavin  
Preston Kennedy       Zak Oaklands       Lily Callaghan       Jaylee Morgan  
Maxwell Pinson

**2Z**
Shania Gray       Melek Massingham       Iris Miller       Kendra Shuttleworth  
Bailey Jones       Jacob Kent       Lucas McIlrick       Jake O'Connor  
Cody Sneesby       Simon Su       Joshua Wade       Lachlan Kersten

**2-3B**
Makaelah Simmons       Gemma King       Ella Paraha       Taylah Reeves  
Bonny Xia       Ethan Hitchen       Ethan Lewry       Oliver Macdonald  
Riley Taylor

**4M**
Ryan Snelling       Natasha Groenewegen       Paige Hottwagner  
Xavier Shuttleworth       Teresa Chen       McKealey Whitmore  
Hannah Taylor       John Dorahy

**5T**
Caitlin Brodie-Davies       Sarah Dorahy       Tiarna Hitchen       Katrina Maher  
Alexi Suela       Cody Maher       Reili Massingham       Lachlan Morgan  
Connor Simmons       Leroy O'Connor       Seth Nolan       Taine Nolan

**6C**
Tamzen Bloodsworth       Bradley Cole       Caleb Dries       Tara Hottwagner  
Rose Ryan       Darcy Stark       Michael Wood

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**STAGE 1 (K – 2 ) COMMENDATIONS**

Congratulations to these students who received awards last week. Well done!

**KC**
Mikayla Layt - wonderful independent story writing  
Daniel Su - great adding numbers

**K-1F**
Madeleine Macdonald - for being a great helper to her peers  
Ruby Blume - trying hard in sport

**1-2R**
Marcus Mavin - beautiful handwriting  
Gracie Morrison - a wonderful role model to others

**2Z**
Jhye Adams - for trying hard in handwriting  
Lachlan Kersten - for using wonderful expression when reading

**2-3B**
Alice Morrison - fantastic effort in numeracy groups
PAYMENT/PERMISSION NOTES

When returning payment/permission notes please include the student’s full name and class to avoid confusion with other students with the same first name.

BUSS PASS APPLICATIONS

Bus Pass applications for Year 3 2015 need to be returned by 3rd November 2014.

STEWART HOUSE

Stewart House bags sent home last day of Term 3 are due to be returned by Monday 27th October.
Bags can be dropped off at Mrs. Roger’s room.

CANTEEN NEWS

The Evergreen Café is our lunch provider. These lunch orders can be placed Monday-Friday but all lunch orders have to be in the tub in the office foyer by 9am.
If you need a lunch order price list please ask at the front office or the price list can be found on the school website www.windsor-p.schools.nsw.edu.au

STUDENT BANKING

School banking is every Tuesday!
Please fill out your child’s deposit book and make sure the money is placed in the velcro section of the deposit book as coins are being misplaced.

CLOTHING POOL

The Clothing Pool will be opened for sales on the following day:
Friday between 8.30-9.00am
If you need access at any other time please ring
Kylie 0416274804 or Lisa 0403015423
If you have any uniforms that no longer fit, please consider sending them to the Clothing Pool.

UNIFORM PRICE INCREASE

Please be advised due to stock price increase, hats are now $14.
**FOR YOUR DIARY**

Friday 31st October - National Bandanna Day  
Monday 17th November - Zoo Snooze Yrs 3 & 4  
Tuesday 18th November - Zoo Snooze Yrs 3 & 4

The school office is open from 8.30am until 3.00pm.  
Uniform purchases 8.30am to 2.45pm

**LAST DAYS FOR PAYMENT**

Now due - Voluntary Contributions  
Monday 3rd November - Zoo Snooze final payment

Payments can be made by cheque, cash & eftpos

**COMMUNITY NEWS**

Helping kids unwind – Parenting Ideas by Michael Grose

Nothing wrong with kids being busy as long as they have plenty of chances to relax and unwind.

Modern kids are busy kids. Regardless of age, their days are filled with activities. Under fives do a range of adult-initiated learning activities designed to give them the best start to their learning lives. School-aged kids have a huge range of leisure and after-school activities to choose from. It is not uncommon for kids to have four and five extra-curricular activities a week.

Nothing wrong with kids being busy as long as they have plenty of chances to relax and unwind.

Relaxation is a key to good mental health and well-being. It is an important life skill for kids to learn.

Balance busyness with boredom

One way to ensure busy kids unwind is to make sure kids get bored every so often. There is a temptation to fill kids’ days with activities so that no time is wasted. “I’m bored!” is the last thing most parents want to hear their kids say. Many parents feel compelled to do something to alleviate a child’s boredom. There is nothing wrong with a little boredom now and then. Boredom can be good for kids’ mental health and well-being, giving them the chance to muck around and take it easy for a time.

Here are 5 ideas to help you unwind your kids:

1. **Let your kids regularly stare into the ‘fire.’**

   Ever sat around a camp-fire and stared at the flames? If so, you will know how calming it is. No exertion! No need to think! No need to talk to anyone! Just a chance to chill-out and relax. The TV is the modern version of the camp-fire. Yep, TV used in this way is good for kids’ mental health.
2. Let kids exercise without rules.
   Kids are the kings and queens of play. Always have been. Until lately that is, when their lives have become highly organised and scheduled. Free, child-initiated play is the ultimate in relaxation. Fun games, games with few rules and games that kids control help them to unwind.

3. Let kids experience flow.
   Flow is a state we get into when we are so engrossed in an activity that time disappears. It is the ultimate unwind. We get flow when we pursue our passions so encourage teens to find activities that they truly love and get lost in. Free play generally takes young children to flow very quickly so opportunities for unstructured play are essential.

4. Help kids calm down around bedtime.
   Have a bedtime routine that calms kids down rather than winds them up. You can become part of this routine by reading books, telling nursery rhymes, providing soothing back rubs and other ways.

5. Unwind with your kids.
   When I was young the best times I had with my dad were spent in the backyard playing cricket. Sounds like a cliché I know. It was fun because it was never a chore for him. He loved it as it was a chance for him to unwind after work. Find ways you can unwind and rejuvenate with your kids.
   We want our kids to be busy and involved rather than inactive and apathetic. However, activity needs to be balanced with unscheduled time so that perspective as well as everyone’s sanity is maintained.

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[Image: Softball advertisement]

**Family Fun**

**Softball**

**Join up today**

**Fast Exciting**

**Hawkesbury Softball**

**Fun for the Kids**

For more information contact Donna Smith 0416 298139

All games played at Bensons Lane Saturday Mornings
We had an awesome time at the farm. We milked a cow, cracked a whip, went on a track ride that was very bumpy, saw lots of animals and fed some chickens. It was a great day and we all had fun.